Rural Clinics Carson City (RCCC) Intern Weekly Schedule

The intern at Rural Clinics Carson City (RCCC) will experience a range of training activities in variety of settings both on and off the RCCC campus. Like interns in all NV-PIC internship sites, the RCCC intern will have the following mandatory consortium-wide training activities:

- Didactics (2 hours)
- Group Supervision (2 hours)
- ➤ Intern Lunch (1 hour)

In addition to those consortium-wide training experiences the RCCC intern will have the following weekly training opportunities:

- > Two hours of participation in the weekly staff meeting (which includes clinical discussion)
- Additional opportunities are available to do groups at RCCC such as Seeking Safety, Acceptance and Commitment Therapy, Dialectical Behavioral Therapy, Mindfulness and Dually Disordered.
- ➤ One to two hours of supervision with the primary supervisor
- One hour of supervision with the secondary supervisor
- > Twelve to fifteen hours of conducting individual outpatient psychotherapy

RCCC Intern Sample Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
8-9am		Computer/Paperwork Notes	Secondary Individual Supervision at the RRC	Checking email/notes Staff Meeting at 8:15	
9-10am	Individual Outpatient Psychotherapy	NV-PIC Didactic	RRC Eligibility Review Committee review and documentation & notes	Staff Meeting	- RRC Individual Outpatient Psychotherapy
10-11am		Computer/Paperwork		Individual Outpatient Psychotherapy	
11am- 12pm	Primary Individual Supervision	Notes	RRC Individual Outpatient Psychotherapy		
12-1pm	Lunch	RCCC Brown Bag Lunch (1x/month)	Lunch	Lunch	Lunch
1-2pm		Individual Outpatient Psychotherapy	RRC Eligibility Review Committee review and documentation & notes	Individual Outpatient Psychotherapy	
2-3pm	Individual Outpatient Psychotherapy	Computer/Paperwork Notes	RRC Individual Outpatient Psychotherapy	Individual Assessment/Child and Family Supervision	RRC Testing/Report Writing/Client Notes
3-4pm		Psycho-Educational Group (goes until 5:30 pm)	RRC Eligibility Review Committee RRC Eligibility Review	NV-PIC Group Supervision	
			Committee/Monthly Research Meeting RRC Notes & Report Writing/Monthly Research		
4-5pm			Meeting RRC Notes & Report Writing		(Leave at 4:30)